

Rotary Club of Calgary West
(A Year of Rotary Fun and Fellowship)

The Weekly WESTERNER

Box 4572, Station C, Calgary, Alberta T2T 5N3, Elbow River Casino, Fridays 12:15 pm

President: Lynne Thornton **President-Elect:** Karl Herzog

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President Lynne welcomed members, friends and guests to our mid-August meeting noting that our guest speaker, **Bruce Lee**, an expert in the field of memory techniques, was here just in time for some of us. Joining President Lynne at the table was **Carolyn Leece** and Bruce Lee.

Des DeFreitas led us in singing the national anthem and **Frank Burns** delivered the grace. Frank Burns also introduced our visitors and guests. A versatile fellow, that Frank!

Pauline Evans introduced our new exchange student Valerie Lauener from Vos, Switzerland, who had just arrived in Canada last Sunday. Valerie has spent the time since arriving recovering from jet lag and making the necessary arrangements for her attendance at school this year. We all hope you have a happy and successful stay with us, Valerie!

Garth Evans spoke about the venue change he and his committee were charged with investigating. The committee did a lot of work and needed to consider such things as easy access and parking, room size and layout, washrooms, bars and audio visual systems. Quite a few places were looked at by the committee including a hotel, Rotary House, Fort Calgary and the Kensington Legion. The committee settled on a place in Inglewood called the Joie de Vivre, which is a "for profit not for profit" organization. That's to say its profits go to Servants Anonymous, which gives aid and succour to single mothers among others. The chef is a former Rotarian from Grande Prairie, the food is great, as are its facilities. This venue is also used by the Millennium Club which is very pleased with it. We will be giving Joie de Vivre a four month try-out as it is with us. We shall have to get **Brent Barootes** to behave himself so we don't get thrown out of yet another facility! Many thanks to Garth and his committee!

Joie de Vivre is located at 1008 14 St SE in Inglewood. It's near the intersection of 10 Ave and 14 St SE, 2 blocks east of the Zoo turn-off. A good way to get there would be by taking the Zoo exit from Memorial Drive and going across the Zoo bridge. We will be at Joie de Vivre starting August 29. We have one more meeting at Il Gallo Nero (Aug 22nd).

Chris Davis mentioned the pub evening for club members, especially those members who joined in the last two years. This is for fun, frivolity and to get to know each other a little better. It will be held on August 21 at Joyces on 4th street, immediately north of Earl's in the Mission area starting around 4:30 pm. Be there or be square! Scads of parking in the adjacent parkade.

Marg Henschel announced that this year's Lobster Fest would be held September 15 at the Switzers' in Bragg Creek. If you like lobster, the costs are \$42 for a whole lobster and \$38 just for the tail. If you don't like lobster, you can bring your own food for \$20. Also, volunteers are needed to help put this on. Please contact Marg.

50/50 DRAW

Gordon Rodrigues won \$35.

BIRTHDAYS!

Both **Mike Carlin** and **Bernie Ward** had August birthdays. Interestingly, they share the same age and birthday and almost appear to be well aged twins!

SERGEANT AT ARMS

Stan Cichon was the bad guy this week. He filled the role well and managed to extract a twoonie from your humble scribe amongst others. President Lynne should have quite the slush fund for her presidency with predators like this around!

PROGRAMME

Carolyn Leece introduced our guest speaker, Bruce Lee. Bruce is an expert in memory techniques and speed reading as well as being an accomplished actor, comedian and business consultant. He is also a semi-professional photographer and a long term blood donor (251 times!). Carolyn is also an actor and comedienne and knows Bruce through these activities.

Brian gave us two handouts with which we could follow up his talk in more detail. He started his talk by asking how many people remember what they read. As it turns out very few people do. I can read the same novel over and over again and still enjoy it! He discussed some of the reasons we don't remember what we read and these are included in his handout. He mentioned a book called "Lies My Teach Told Me", which goes into this in detail. He also gave us a technique for remembering names: The FACT system which involves associating some functional feature of a person we are meeting with the activity we are meeting them at and their contact information with some topic of greatest interest to them. He said the average person could remember about 35 names this way and, with practice, more. His brother, Brian Lee, could remember as many as 187 names and demonstrated this on occasion.

Bruce also talked briefly about the people who would be the most successful in the future. These are the people who not only can learn effectively but who can unlearn information and practices which no longer are useful. More information can be had at Bruce's website: www.BruceLeeSpeaker.com. I checked it out! It's worth a visit.

New member **Brian Wintonyk** thanked Bruce and gave him our famous Boltman. Brian recently helped out at Karl's Motive Action Golf Tournament as a spotter at the hole-in-one event.

NEXT WEEK

Our next meeting will be at Il Gallo Nero and this will be our final meeting at this venue, at least for the time being, as we may be back for assemblies.

Next week **Kurt Schurer** will be giving his classification talk.