

Rotary Club of Calgary West
(A Year of Rotary Fun and Fellowship)

The Weekly WESTERNER

Box 4572, Station C, Calgary, Alberta T2T 5N3, Elbow River Casino, Fridays 12:15 pm

President: Lynne Thornton **President-Elect:** Karl Herzog

Past President: Garfield Gagnon **Secretary:** Ron Morrison

Treasurer: Mike French

Directors: Margot McDermott, Mark Ferguson, Garth Evans, Jim Walker,
Marie Rickard, Stan Beveridge

International President: D. K. Lee – Make Dreams Real

District Governor: Mark Starratt – Rotary Moves Mountains

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President **Lynne Thornton** welcomed us to this her second meeting as club president and our last meeting at the Elbow River Casino with the following comment: “ Interpersonal skills are something that we all possess, and practice to varying degrees. Today we’re going to learn a lot more, and take away some interesting nuggets.”

Lynne introduced the head table guests: **Richard Pentelbury**, Resident Director at Morpheus Theatre, our guest speaker, **Kurt Schurer**, a member of Calgary West since 2007, who thanked the speaker, and **Karl Herzog**, our president-elect, who introduced the guest speaker. Joining Lynne at the head table were **Sam Switzer**, our lunch time host for the past year - what a great venue and meals we have all enjoyed - and our newest member, **Brian Wintonyk**.

Brent Barootes introduced our visitors and guests.

Don Axford, at the piano, led us in the singing of *O Canada*, and while we were all standing Brent Barootes gave us the invocation. Brent was kept busy today, as he was also the sergeant.

Following another excellent lunch, the president and members made the following announcements.

- Lynne told us of “The Calgary Society of Independent Filmmakers”, who are presenting their 17th annual Summer Media Camp on July 21 to August 1, 2008. This is a unique opportunity for teenagers to write, direct, shoot and edit a film under the guidance of professionals. Lynne said that she “would have died for this opportunity”.
- **DON’T FORGET OUR NEW VENUE FOR FUTURE MEETINGS WILL BE AT THE IL GALLO NERO RESTAURANT**, located at 211 – 17 Ave, right behind the casino. Lynne thanked Sam for the wonderful food, great parking and terrific location.
- **Peter Pallesen** presented us with three banners from Arlington, Virginia.
- **Jack Marsh** from the Downtown Club reminded everyone of the upcoming golf tournament – “The Masters” of Calgary Rotary to be held on August 18. For more information contact Rollie Cyr at the Calgary Flames – 403 777 3688, or email at rcyr@calgaryflames.com
- Karl Herzog reminded us of his Motive-Action annual golf tournament on July 30 and asked for anyone that can help with event. Remember that Calgary West is a sponsor and Karl need our help.
- **Dan Varvos** reminded us that the new Calgary Eau Claire Rotary Club will be holding its Charter Night on Friday, July 25, at the Mt Pleasant Community Hall at 6 PM. The cost is \$50.00 per ticket. This promises to be a fun-filled evening and Dan would appreciate our support. Dan introduced **Nina Digbev**, their club secretary.

- Lynne reminded everyone that Pauline has sign up forms for the dinner club. This is a great fellowship event for all of our members.

Brent did a great job of fining several members. I think he practises this, and dreams up fines while he is traveling!

The winner of the 50/50 draw was **Ted Valentine**.

Lynne asked our Outbound Exchange Student, Emily Halleran, to present the talk that she will be giving to her host Rotary club in Brazil.

Emily showed us photos of her family and she even said that she spent time cleaning and tidying up her room before taking the pictures! She has been very involved with dance for nine years: ballet, jazz and hip hop. She loves music and plays the French horn and is teaching herself guitar. Emily likes to write songs and sing, using a karaoke machine to help her. Her sister will be glad to have a quiet bedroom! She has finished grade 10 from Bishop Carol and will miss her dog, Nikki, while in Brazil. Emily expects to have fun and enjoy the experience.

Guest Speaker

Karl Herzog introduced our guest speaker, Richard Michelle-Pentelbury, an award-winning writer, artist, actor, theatre director, educator and a frequent conference presenter. Richard is passionate about intra-personal and inter-personal dynamics as it relates to oneself in the universe, and he has the gift of making complex subject matter simple, practical and inspiring.

He gave us a very thought-provoking and informative talk on “Inter-personal and Intra-personal Dynamics” and how these affect all persons, personnel, teams and management: The ties that bind us: Challenge, Change and Hope for the Future.

He explained Kohlberg’s stages of Moral Development, which is that we all need to be aware of the nine levels of consequences. These range from ‘self-centric’ to ‘globe-centric’. Richard then went on to explain DeBono’s thinking-hat theory, which is a set of six colors of hats, where each color stands for a different thought process. These range from the black hat – focusing on negatives discovered through reasoning - to the green hat, which is looking for alternative ideas and new suggestions.

Richard explained what psychogeometrics (Dr. Susan Dellinger) is: we all fit into five groups that include circles, squares, rectangles, triangles and a squiggly line.

Richard’s paintings can be viewed on line at www.PaintingsByorder.com and for anyone interested in his workshops please email him at rfpentelbury@cbe.ab.ca.

Kurt Schurer thanked Richard and presented him with the club’s famous Boltman.

President Lynne’s Closing Thoughts

“A well adjusted person is one who can play golf as if it were a game.”

Future Programs and Events

July 25	Dominique Keller – Film Producing
Aug 1	Jacque and Wayne Brown – Save the Children – Mexico Trip